

# Senator Karen Keiser



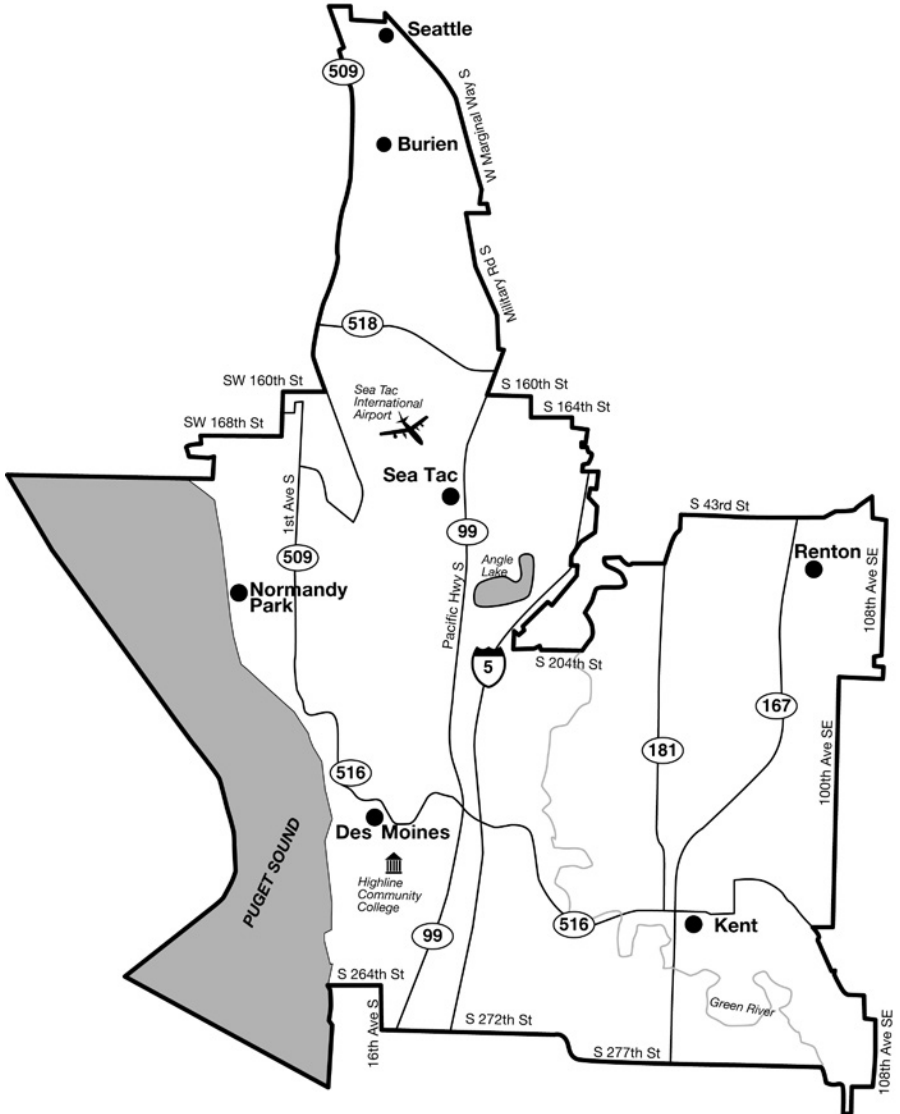
33rd LEGISLATIVE DISTRICT

This guide to government provides information on how to contact federal, state and local government offices and services.

2019

# Resource Guide

# 33rd Legislative District



Dear Friends and Neighbors,

It is an honor to represent the wonderful people of the 33rd Legislative District. Our district includes Des Moines, Normandy Park, SeaTac, and parts of Kent, Burien, Renton, and Seattle. This area has miles of gorgeous Puget Sound waterfront, tens of thousands of suburban families, SeaTac International Airport, robust industries including the largest freight distribution center in the state in the Kent Valley, and vibrant diverse communities with more than 130 different languages and cultures.

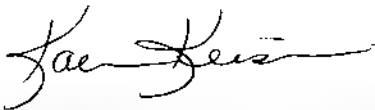
This Resource Guide provides contact information for government community services, including public health & safety information, family & senior programs, and educational contacts. **These are services available to you that you have paid for through taxes.**

I think this guide will be a great help for anyone trying to locate services in our neighborhoods. I want to thank my Legislative Assistant Jennifer Minich, Information Officers Bre Weider and Aaron Sherman, Session Aide Clairia Rolfson, and Intern Alex Wehinger for compiling and updating these listings for your convenience.

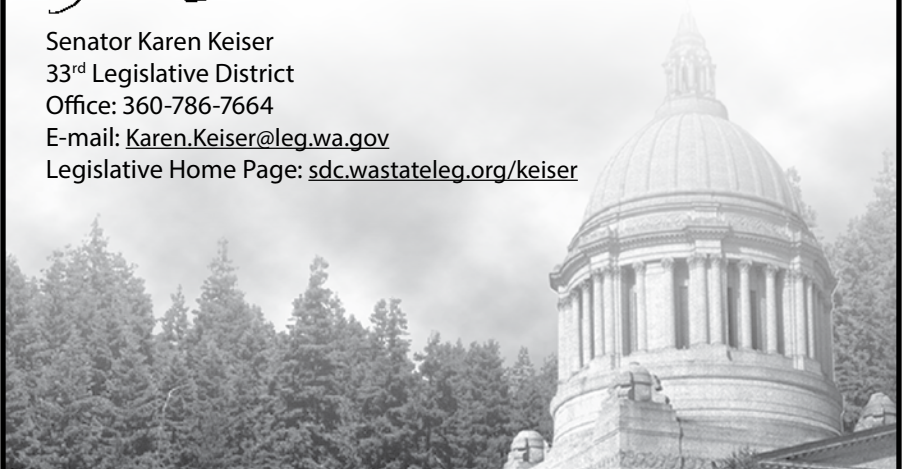
If you would like additional copies of this guide, please contact my office. I also encourage you to sign up for my e-newsletter so we can stay connected. You can visit my website to sign up. Your voice matters to me, so please know that I pay close attention to your concerns. As always, I welcome your suggestions, questions, and ideas.

Thank you for allowing me to be of service to you!

Always,



Senator Karen Keiser  
33<sup>rd</sup> Legislative District  
Office: 360-786-7664  
E-mail: [Karen.Keiser@leg.wa.gov](mailto:Karen.Keiser@leg.wa.gov)  
Legislative Home Page: [sdc.wastateleg.org/keiser](http://sdc.wastateleg.org/keiser)



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## 33rd Legislative District

- Senator Karen Keiser** .....(360) 786-7664  
219 John A. Cherberg Building  
PO Box 40433, Olympia, 98504  
[sdc.wastateleg.org/keiser](http://sdc.wastateleg.org/keiser)  
E-mail: [karen.keiser@leg.wa.gov](mailto:karen.keiser@leg.wa.gov)
- Representative Tina Orwall** .....(360) 786-7834  
326 John L. O'Brien Building  
PO Box 40600, Olympia, 98504  
[housedemocrats.wa.gov/orwall](http://housedemocrats.wa.gov/orwall)
- Representative Mia Gregerson** .....(360) 786-7868  
328 John L. O'Brien Building  
PO Box 40600, Olympia, 98504  
[housedemocrats.wa.gov/gregerson](http://housedemocrats.wa.gov/gregerson)
- Washington State Legislature** ..... [www.leg.wa.gov](http://www.leg.wa.gov)  
Civic education ..... [leg.wa.gov/civiced/Pages/default.aspx](http://leg.wa.gov/civiced/Pages/default.aspx)  
Legislative hotline .....(800) 562-6000  
Legislative information center .....(360) 786-7573  
Tours .....(360) 902-8880  
Legislative Page school & scholarship (ages 14-16)  
[leg.wa.gov/PageSchool/Pages/default.aspx](http://leg.wa.gov/PageSchool/Pages/default.aspx)  
State information .....(800) 321-2808

## Federal Officials

### Executive

- President Donald Trump** .....(202) 456-1414  
[www.whitehouse.gov](http://www.whitehouse.gov)
- Vice President Michael Pence** .....(202) 456-1414  
[www.whitehouse.gov/people/mike-pence](http://www.whitehouse.gov/people/mike-pence)
- United States Congress**
- Congressional Switchboard** .....(202) 224-3121  
Senate website: [www.senate.gov](http://www.senate.gov)  
House website: [www.house.gov](http://www.house.gov)

### United States Senators

- Maria Cantwell, U.S. Senator**
- Seattle District Office .....(206) 220-6400  
Tacoma District Office .....(253) 572-2281  
Washington, DC Office .....(202) 224-3441  
[www.cantwell.senate.gov](http://www.cantwell.senate.gov)

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## **Patty Murray, U.S. Senator**

Seattle District Office .....(206) 553-5545  
Tacoma District Office .....(253) 572-3636  
Washington, DC Office.....(202) 224-2621  
[www.murray.senate.gov](http://www.murray.senate.gov)

## **United States House of Representatives**

### **Pramila Jayapal, 7<sup>th</sup> District U.S. Representative**

Seattle District Office .....(206) 674-0040  
Washington, DC Office.....(202) 225-3106  
[jayapal.house.gov](http://jayapal.house.gov)

### **Dr. Kim Schrier, 8<sup>th</sup> District U.S. Representative**

Washington DC Office .....(202) 225-7761  
[schrier.house.gov](http://schrier.house.gov)

### **Adam Smith, 9<sup>th</sup> District U.S. Representative**

Renton District Office.....(425) 793-5180  
Washington, DC Office.....(202) 225-8901  
[www.adamsmith.house.gov](http://www.adamsmith.house.gov)

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## **Federal Services**

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**U.S. Government Information** .....(844) 872-4681  
[www.usa.gov](http://www.usa.gov)

**FBI (Seattle District Office)** .....(206) 622-0460  
[www.fbi.gov/contact-us/field-offices/seattle](http://www.fbi.gov/contact-us/field-offices/seattle)

**Medicare**.....(800) 633-4227  
[www.cms.gov/Medicare/Medicare.html](http://www.cms.gov/Medicare/Medicare.html)

**National Do Not Call Registry**.....(800) 382-1222  
[www.donotcall.gov](http://www.donotcall.gov)

**Social Security** .....(800) 772-1213  
[www.ssa.gov](http://www.ssa.gov)

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## **Washington State Officials**

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**Governor Jay Inslee** .....(360) 902-4111  
[www.governor.wa.gov](http://www.governor.wa.gov)

**Lt. Governor Cyrus Habib** .....(360) 786-7700  
[www.ltgov.wa.gov](http://www.ltgov.wa.gov)

**Secretary of State Kim Wyman** .....(360) 902-4151  
[www.sos.wa.gov](http://www.sos.wa.gov)

Voter Information Hotline .....(800) 448-4881  
Address Confidentiality Program.....(800) 822-1065  
Charitable Solicitation & Corporations .....(800) 332-4483

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<b>State Treasurer Duane A. Davidson</b> .....	(360) 902-9001
<a href="http://www.tre.wa.gov">www.tre.wa.gov</a>	
<b>State Auditor Pat McCarthy</b> .....	(360) 902-0370
<a href="http://www.sao.wa.gov">www.sao.wa.gov</a>	
Citizen Hotline .....	(866) 902-3900
<b>State Attorney General Bob Ferguson</b> .....	(360) 753-6200
<a href="http://www.atg.wa.gov">www.atg.wa.gov</a>	
Call Center and Consumer Protection .....	(800) 551-4636
Mobile Home Disputes .....	(206) 464-6049
Lemon Law.....	(800) 541-8898
Pregnancy Accommodation .....	(833) 389-2427
Medicaid Fraud.....	(360) 586-8888
Civil Rights Unit .....	<a href="http://www.atg.wa.gov/wing-luke-civil-rights-unit">www.atg.wa.gov/wing-luke-civil-rights-unit</a>
<b>Commissioner of Public Lands Hilary Franz</b> .....	(360) 902-1000
<a href="http://www.dnr.wa.gov">www.dnr.wa.gov</a>	
Natural Resources .....	(800) 527-3305
Shoreline Aquatic District.....	(360) 825-1631
Wildfire Hotline .....	(800) 562-6010
<b>Superintendent of Public Instruction Chris Reykdal</b> .....	(360) 725-6000
<a href="http://www.k12.wa.us">www.k12.wa.us</a>	
Assessment & Student Information .....	(360) 725-6334
Child Nutrition Services.....	(360) 725-6200
Equity & Civil Rights .....	(360) 725-6162
Special Education .....	(360) 725-6075
<b>Insurance Commissioner Mike Kreidler</b> .....	(360) 725-7100
<a href="http://www.insurance.wa.gov">www.insurance.wa.gov</a>	
Consumer Hotline.....	(800) 562-6900
Statewide Health Insurance Benefits Advisors (SHIBA) .....	(800) 562-6900
Local SHIBA office at Sound Generations .....	(206) 727-6221

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## Washington State Services

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<b>Washington State Government Information</b> .....	(800) 321-2808
<a href="http://www.access.wa.gov">www.access.wa.gov</a>	
<b>Department of Agriculture</b> .....	<a href="http://www.agr.wa.gov">www.agr.wa.gov</a>
Gypsy Moth & Invasive Insect Line .....	(800) 443-6684
<b>Department of Children, Youth, and Families</b>	
<a href="http://www.dcyf.wa.gov">www.dcyf.wa.gov</a>	
<b>Child Care Check link</b> .....	(866) 482-4325 option 3
<a href="http://www.dcyf.wa.gov/services/earlylearning-childcare/child-care-check">www.dcyf.wa.gov/services/earlylearning-childcare/child-care-check</a>	
Early learning / child care office .....	(425) 917-7941
Find child care.....	(800) 446-1114
Foster to Adoption support program.....	(800) 562-5682
Foster parenting.....	(888) 543-7414

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Intake and end harm line .....	(800) 562-5624
Report abuse / neglect .....	(866) 363-4276
<b>Department of Commerce</b> .....	<a href="http://www.commerce.wa.gov">www.commerce.wa.gov</a>
Business services information center (business guidance).....	(800) 917-0043
<a href="http://www.business.wa.gov">www.business.wa.gov</a>	
Crime victim's advocacy direct services.....	(800) 822-1067
<b>Department of Ecology</b> .....	<a href="http://www.ecy.wa.gov">www.ecy.wa.gov</a>
Northwest Regional Office.....	(425) 649-7000
Agricultural or open burning air complaints.....	(866) 211-6284
Emission control NW region .....	(800) 272-3780
Hazardous substances info/ education .....	(800) 633-7585
Recycling hotline.....	(800) 732-9253
Report spill to water.....	(800) 645-7911
<b>Department of Employment Security</b> .....	<a href="http://www.esd.wa.gov">www.esd.wa.gov</a>
Unemployment claims center.....	(800) 318-6022
Tax center .....	(888) 836-1900
Paid family and medical leave insurance .....	(833) 717-2273
WorkSource .....	(253) 804-1177
2707 "I" Street NE, Auburn .....	<a href="http://www.worksourcewa.com">www.worksourcewa.com</a>
<b>Fish and Wildlife</b> .....	<a href="http://www.dfw.wa.gov">www.dfw.wa.gov</a>
Discover pass.....	(866) 320-9933
<a href="http://discoverpass.wa.gov">discoverpass.wa.gov</a>	
Report poaching, dangerous wildlife.....	(877) 933-9847
Hunter education .....	(360) 902-8111
Volunteer services.....	(360) 902-8303
<b>Department of Health</b> .....	(800) 525-0127
<a href="http://www.doh.wa.gov">www.doh.wa.gov</a>	
Health systems complaints .....	(800) 633-6828
Hospital / home care agency complaints .....	(800) 633-6828
Infectious disease prevention .....	(800) 272-2437
Shellfish & marine toxins hotline.....	(800) 562-5632
<b>Health Care Authority</b> .....	<a href="http://www.hca.wa.gov">www.hca.wa.gov</a>
Apple Health Medicaid Assistance .....	(800) 562-3022
Apple Health hotline .....	(877) 543-7669
Washington Prescription Drug Program.....	(800) 913-4146
<a href="http://www.hca.wa.gov/health-care-services-supports/prescription-assistance">www.hca.wa.gov/health-care-services-supports/prescription-assistance</a>	
<b>Washington State Human Rights Commission.</b> .....	<a href="http://www.hum.wa.gov">www.hum.wa.gov</a>
Housing, credit, public accommodation complaints .....	(800) 233-3247
<b>Labor and Industries.</b> .....	(800) 547-8367
<a href="http://www.lni.wa.gov">www.lni.wa.gov</a>	
Automated claims information.....	(800) 831-5227
Apprenticeship.....	(206) 835-1028
Civil rights complaint hotline .....	(855) 682-0778
Claims .....	(800) 547-8367



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- Crime victims compensation .....(800) 762-3716
- Electrical licensing .....(360) 902-5269
- Employer helpline .....(360) 902-4817
- Fraud reporting .....(888) 811-5974
- Prevailing wage .....(855) 545-8163
- Protected leave (family care leave, family leave,  
military spouse leave, domestic violence leave) .....(360) 902-4930
- Provider hotline .....(800) 848-0811
- Safety & health, including serious workplace incident reports** .....(800) 423-7233
- Teen workers .....(360) 902-6041
- Workplace standards and rights (wage, breaks, hours, overtime) ..(360) 902-5316
- Department of Licensing** ..... [www.dol.wa.gov](http://www.dol.wa.gov)
- REAL ID Act compliance ..... [www.dol.wa.gov/about/real-id-overview.html](http://www.dol.wa.gov/about/real-id-overview.html)
- Driver licensing .....(253) 872-2782  
[www.dol.wa.gov/driverslicense](http://www.dol.wa.gov/driverslicense)
- Vehicle and vessel licensing ..... [www.dol.wa.gov/vehicleregistration](http://www.dol.wa.gov/vehicleregistration)
- Kent Licensing Agency, Inc.....(253) 852-3110  
331 Washington Ave S, Kent
- Lottery** ..... [www.walottery.com](http://www.walottery.com)
- Lottery winning numbers .....(800) 545-7510
- Washington State Parks** .....(360) 902-8844  
[www.parks.wa.gov](http://www.parks.wa.gov)
- Reservations .....(888) 226-7688
- Volunteer programs .....(360) 902-8583
- Saltwater State Park** .....(253) 661-4956  
25205 8th Pl S, Des Moines  
[parks.state.wa.us/578/Saltwater](http://parks.state.wa.us/578/Saltwater)
- State Patrol** .....(360) 596-4000  
[www.wsp.wa.gov](http://www.wsp.wa.gov) .....(425) 401-7788
- Adopt a highway .....(253) 372-3925
- Missing persons unit .....(800) 543-5678
- Department of Social and Health Services (DSHS)** ..... [www.dshs.wa.gov](http://www.dshs.wa.gov)
- Adult protective services .....(206) 341-7660
- Automated benefits line .....(877) 980-9220
- Benefits application, eligibility .....(800) 865-7801
- Child support .....(800) 457-6202
- Complaints .....(800) 737-0617
- Disability determination services .....(800) 562-6074
- Report fraud .....(800) 562-6906
- Residential services complaints .....(800) 562-6078
- Public Disclosure Commission** .....(360) 753-1111  
[www.pdc.wa.gov](http://www.pdc.wa.gov) .....(877) 601-2828

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<b>Department of Revenue</b> .....	(800) 647-7706
<a href="http://www.dor.wa.gov">www.dor.wa.gov</a>	
Business licensing services .....	(800) 451-7985
Kent office .....	(425) 656-5100
Tax assistance .....	(800) 647-7706
<b>Transportation</b> .....	5-1-1
<a href="http://www.wsdot.wa.gov">www.wsdot.wa.gov</a>	
DOT travel information .....	(800) 695-7623
Ferry information .....	(888) 808-7977
<b>Utilities Coordinating Council</b> .....	<a href="http://www.washington-ucc.org">www.washington-ucc.org</a>
Washington 811 call before you dig .....	8-1-1
<b>Utilities and Transportation Commission</b> .....	<a href="http://www.utc.wa.gov">www.utc.wa.gov</a>
Consumer affairs .....	(800) 562-6150
<b>Washington State Courts</b> .....	(360) 753-3365
<a href="http://www.courts.wa.gov">www.courts.wa.gov</a>	
Washington Court of Appeals Division I .....	(206) 464-7750
Washington Supreme Court .....	(360) 357-2077
<a href="http://www.courts.wa.gov/appellate_trial_courts/SupremeCourt">www.courts.wa.gov/appellate_trial_courts/SupremeCourt</a>	

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### King County

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<b>King County Executive Dow Constantine</b> .....	(206) 263-9600
<a href="http://www.kingcounty.gov/exec/constantine">www.kingcounty.gov/exec/constantine</a>	
<b>King County Council- General Information</b> .....	(206) 296-1000
<a href="http://www.kingcounty.gov/council">www.kingcounty.gov/council</a>	
Councilmember Dave Upthegrove, District 5 .....	(206) 477-1005
<a href="http://www.kingcounty.gov/Upthegrove.aspx">www.kingcounty.gov/Upthegrove.aspx</a>	
Councilmember Pete von Reichbauer, District 7 .....	(206) 477-1007
<a href="http://www.kingcounty.gov/VonReichbauer.aspx">www.kingcounty.gov/VonReichbauer.aspx</a>	
Councilmember Joe McDermott, District 8 .....	(206) 477-1008
<a href="http://www.kingcounty.gov/McDermott.aspx">www.kingcounty.gov/McDermott.aspx</a>	
<b>King County Assessor John Wilson</b> .....	(206) 296-7300
<a href="http://www.kingcounty.gov/assessor">www.kingcounty.gov/assessor</a>	
Taxpayer assistance & tax relief programs .....	(206) 263-2324
<a href="http://www.kingcounty.gov/depts/assessor/TaxpayerAssistance/TaxRelief.aspx">www.kingcounty.gov/depts/assessor/TaxpayerAssistance/TaxRelief.aspx</a>	
<b>King County Prosecuting Attorney Satterberg</b> .....	(206) 477-1200
<a href="http://www.kingcounty.gov/Prosecutor">www.kingcounty.gov/Prosecutor</a>	
<b>King County Sheriff Johanknecht</b> .....	(206) 296-4155
<a href="http://kingcounty.gov/depts/sheriff.aspx">kingcounty.gov/depts/sheriff.aspx</a> .....	(206) 296-3311
<b>King County Courts</b> .....	(206) 477-1400
<a href="http://www.kingcounty.gov/services/courts.aspx">www.kingcounty.gov/services/courts.aspx</a>	

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<b>King County District Court</b> .....	(206) 205-9200
<a href="http://www.kingcounty.gov/courts/district-court.aspx">www.kingcounty.gov/courts/district-court.aspx</a>	
Burien.....	(206) 205-9200
Maleng Regional Justice Center Kent.....	(206) 205-9200
<b>King County Superior Court</b> .....	(206) 477-1400
<a href="http://www.kingcounty.gov/courts/superior-court.aspx">www.kingcounty.gov/courts/superior-court.aspx</a>	
Kent.....	(206) 477-2600
Clerk.....	(206) 296-9300
<a href="http://www.kingcounty.gov/courts/clerk.aspx">www.kingcounty.gov/courts/clerk.aspx</a>	
<b>General Information</b> .....	(206) 296 0100
<b>King County Emergency &amp; Wildfire Hotline</b> .....	(800) 523-5044
<b>King County Parks</b> .....	(206) 477-4527
<a href="http://www.kingcounty.gov/services/parks-recreation/parks.aspx">www.kingcounty.gov/services/parks-recreation/parks.aspx</a>	
<b>Public Health Seattle / King County</b> .....	(800) 756-5437
<b>Voter Registration Information</b> .....	(206) 296-8683
<a href="http://www.kingcounty.gov/elections/registration">www.kingcounty.gov/elections/registration</a>	

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### Port of Seattle

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<b>Port of Seattle</b> .....	(206) 787-3000
<a href="http://www.portseattle.org">www.portseattle.org</a>	
Port of Seattle Commissioners.....	(206) 787-3034
<a href="http://www.portseattle.org/about/commission">www.portseattle.org/about/commission</a>	
<b>SeaTac International Airport</b> .....	(206) 787-5388
.....	(800) 544-1965
Airport noise information line.....	(206) 787-5393
<a href="http://www.portseattle.org/form/webform-noise-comment">www.portseattle.org/form/webform-noise-comment</a>	

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### Transit

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<b>Amtrak</b> .....	(800) 872-7245
<a href="http://www.amtrak.com/home">www.amtrak.com/home</a>	
<b>King County Metro</b> .....	(206) 553-3000
<a href="http://kingcounty.gov/depts/transportation/metro.aspx">kingcounty.gov/depts/transportation/metro.aspx</a>	
<b>Sound Transit</b> .....	(888) 889-6368
<a href="http://www.soundtransit.org">www.soundtransit.org</a>	
Board of Directors	
<a href="http://www.soundtransit.org/About-Sound-Transit/Board-of-Directors">www.soundtransit.org/About-Sound-Transit/Board-of-Directors</a>	
Non-English interpreter services:.....	(800) 823-9230

## 2019 Government Guide

### Regional Agencies & Partnerships

<b>King Conservation District</b> .....	(425) 282-1900
<a href="http://www.kingcd.org">www.kingcd.org</a>	
Landowner incentive program.....	(425) 282-1908
<b>Northwest Seaport Alliance</b> .....	(866) 657-9808
<a href="http://www.nwseaportalliance.com">www.nwseaportalliance.com</a>	
<b>Puget Sound Partnership</b> .....	(360) 464-1232
<a href="http://psp.wa.gov">psp.wa.gov</a>	
<b>Puget Sound Regional Council</b> .....	(206) 464-7090
<a href="http://www.psrc.org">www.psrc.org</a>	
Information center .....	(206) 464-7532

### City of Burien

<b>Administrative Offices</b> .....	(206) 241-4647
<a href="http://www.burienwa.gov">www.burienwa.gov</a>	
<b>City Manager</b>	
Brian Wilson.....	(206) 248-5508
<b>Burien City Councilmembers</b>	
<a href="http://www.burienwa.gov/city_hall/city_council">www.burienwa.gov/city_hall/city_council</a>	

### City of Des Moines

<b>Administrative Office</b> .....	(206) 878-4595
<a href="http://www.desmoineswa.gov">www.desmoineswa.gov</a>	
<b>City Manager</b>	
Michael Matthias .....	(206) 870-6554
<b>Des Moines City Councilmembers</b>	
<a href="http://www.desmoineswa.gov/115/City-Council">www.desmoineswa.gov/115/City-Council</a>	

### City of Kent

<b>Administrative Offices</b> .....	(253) 856-5200
<a href="http://www.kentwa.gov">www.kentwa.gov</a>	
<b>Mayor</b>	
Dana Ralph.....	(253) 856-5700
<b>Kent City Council</b> .....	(253) 856-5712
<a href="http://www.kentwa.gov/government/kent-city-council">www.kentwa.gov/government/kent-city-council</a>	

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## City of Normandy Park

<b>Administrative Offices</b> .....	(206) 248-7603
<a href="http://www.ci.normandy-park.wa.us">www.ci.normandy-park.wa.us</a>	
<b>City Manager</b>	
Mark Hoppen .....	(206) 248-8246
<b>Normandy Park City Councilmembers</b>	
<a href="http://normandyparkwa.gov/city-council">normandyparkwa.gov/city-council</a>	

## City of Renton

<b>Administrative Offices</b> .....	(425) 430-6400
<a href="http://rentonwa.gov">rentonwa.gov</a>	
<b>Mayor</b>	
Denis Law .....	(425) 430-6500
<b>Renton City Councilmembers</b> .....	(425) 430-6501
<a href="http://rentonwa.gov/cms/one.aspx?pagelid=8568799">rentonwa.gov/cms/one.aspx?pagelid=8568799</a>	

## City of Seatac

<b>Administrative Offices</b> .....	(206) 973-4800
<a href="http://www.ci.seatac.wa.us">www.ci.seatac.wa.us</a>	
<b>City Manager</b>	
Joseph Scorcio .....	(206) 973-4810
<b>SeaTac City Councilmembers</b>	
<a href="http://www.seatacwa.gov/government/city-council">www.seatacwa.gov/government/city-council</a>	

## Fire / Police / Community Protection

<b>Fire/Police Emergency</b> .....	9-1-1
<b>Poison Control Center</b> .....	(800) 222-1222
<b>24 Hour Crisis Clinic</b> .....	(866) 427-4747
<b>24 Hour Sexual Assault Resources</b> .....	(888) 998-6423

### Non-Emergency - Fire

<b>Burien &amp; Normandy Park</b> .....	(206) 242-2040
<a href="http://www.burienfire.org">www.burienfire.org</a>	
<b>Kent-SeaTac Puget Sound Fire Authority</b> .....	(253) 856-4300
FD Cares .....	(253) 856-2273
<a href="http://pugetsoundfire.org">pugetsoundfire.org</a>	
<b>Des Moines/South King Fire &amp; Rescue</b> .....	(253) 839-6234
<a href="http://southkingfire.org">southkingfire.org</a>	

## 2019 Government Guide

### Non-Emergency - Police

- Burien Police Department** .....(206) 477-2200  
[www.burienwa.gov/residents/public\\_safety/police](http://www.burienwa.gov/residents/public_safety/police)  
King County Sheriff's Office ..... 24-hours (206) 296 3311  
[kingcounty.gov/depts/sheriff.aspx](http://kingcounty.gov/depts/sheriff.aspx)
- Des Moines Police Department** .....(206) 878-3301  
[www.desmoineswa.gov/189/Police](http://www.desmoineswa.gov/189/Police)
- Kent Police Department** .....(253) 852-2121  
[www.kentwa.gov/residents/public-safety/police-department](http://www.kentwa.gov/residents/public-safety/police-department)
- Normandy Park Police Department** .....(206) 248-7600  
[normandyparkwa.gov/services/police](http://normandyparkwa.gov/services/police)
- Renton Police Department** ..... 24-hours (425) 235-2121  
Office hours .....(425) 430-7500  
[www.rentonwa.gov/city\\_hall/police](http://www.rentonwa.gov/city_hall/police)
- SeaTac Police Department** .....(206) 296-3311  
[www.seatacwa.gov/government/city-departments/police](http://www.seatacwa.gov/government/city-departments/police)
- Washington State Patrol** .....(206) 464-6610
- Non-Emergency Community Protection Resources**
- Adult Protective Services .....(866) 363-4276  
Child Protective Services .....(866) 363-4276  
Domestic Violence Victim Support .....(206) 205-5555

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### Public K-12 Education

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- Educational Service District 121 Puget Sound** .....(425) 917-7600  
[www.psesd.org](http://www.psesd.org) .....(800) 664-4549  
Highline Head Start – Seola Gardens .....(206) 716-0777
- Federal Way School District 210 Administrative Offices** .....(253) 945-2000  
33330 8th Ave S, Federal Way  
[www.fwps.org](http://www.fwps.org)  
Superintendent Dr. Tammy Campbell .....(253) 945-2010  
Federal Way School Board ..... [www.fwps.org/domain/220](http://www.fwps.org/domain/220)  
List of schools ..... [www.fwps.org/domain/800](http://www.fwps.org/domain/800)
- Highline School District 401 Administrative Offices** .....(206) 631-3000  
15675 Ambaum Blvd SW, Burien  
[www.highlineschools.org](http://www.highlineschools.org)  
Superintendent Dr. Susan Enfield .....(206) 631-3070  
Highline School Board  
[www.highlineschools.org/about/school-board](http://www.highlineschools.org/about/school-board)  
Preschool programs  
[www.highlineschools.org/school-learning-sites/preschool-programs](http://www.highlineschools.org/school-learning-sites/preschool-programs)  
List of schools  
[www.highlineschools.org/school-learning-sites/get-started](http://www.highlineschools.org/school-learning-sites/get-started)

## 2019 Government Guide

<b>Kent School District 415 Administrative Offices</b> .....	(253) 373-7000
12033 SE 256th St, Kent	
<a href="http://www.kent.k12.wa.us">www.kent.k12.wa.us</a>	
Superintendent Dr. Calvin J. Watts .....	(253) 373-7701
School Board .....	(253) 373-7701
<a href="http://www.kent.k12.wa.us/Page/593">www.kent.k12.wa.us/Page/593</a>	
List of schools .....	<a href="http://www.kent.k12.wa.us/domain/42">www.kent.k12.wa.us/domain/42</a>
<b>Renton School District 403 Administrative Offices</b> .....	(425) 204-2300
300 S.W. 7th St. Renton	
<a href="http://www.rentonschools.us">www.rentonschools.us</a>	
Superintendent Dr. Damien Pattenaude .....	(425) 204-2340
School Board .....	<a href="http://www.rentonschools.us/domain/43">www.rentonschools.us/domain/43</a>
List of schools .....	<a href="http://www.rentonschools.us/domain/635">www.rentonschools.us/domain/635</a>

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### Public Higher Education

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<b>Central Washington University - Des Moines Campus</b> .....	(206) 439-3800
<a href="http://www.cwu.edu/des-moines">www.cwu.edu/des-moines</a>	
<b>Green River College - Kent Campus</b> .....	(253) 856-9595
<a href="http://www.greenriver.edu">www.greenriver.edu</a>	
<b>Highline College</b> .....	(206) 878-3710
<a href="http://www.highline.edu">www.highline.edu</a>	
<b>Renton Technical College</b> .....	(425) 235-2352
<a href="http://www.rtc.edu">www.rtc.edu</a>	
<b>Washington State University Cooperative Extension</b> .....	(206) 263-1919
<a href="http://extension.wsu.edu/king">extension.wsu.edu/king</a>	

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### Water and Sewer Districts

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<b>Highline Water District</b> .....	(206) 824-0375
<a href="http://www.highlinewater.org">www.highlinewater.org</a>	
<b>King County Water District No. 20</b> .....	(206) 243-3990
<a href="http://www.kcwd20.com">www.kcwd20.com</a>	
<b>King County Water District 54</b> .....	(206) 878-7210
<a href="http://kcwd54.org">kcwd54.org</a>	
<b>Lakehaven Water and Sewer District</b> .....	(253) 941-1516
<a href="http://www.lakehaven.org">www.lakehaven.org</a>	
<b>Midway Sewer District</b> .....	(206) 824-4960
<a href="http://www.midwaysewer.org">www.midwaysewer.org</a>	
<b>Soos Creek Water &amp; Sewer District</b> .....	(253) 630-9900
<a href="http://www.sooscreek.com">www.sooscreek.com</a>	
<b>Southwest Suburban Sewer District</b> .....	(206) 244-9575
<a href="http://www.swssd.com">www.swssd.com</a>	

## 2019 Government Guide

**Valley View Sewer District** .....(206) 242-3236  
[www.valvue.com](http://www.valvue.com)

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### Public Libraries

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**King County Library System General Info** .....(800) 462-9600  
[www.kcls.org](http://www.kcls.org)

**Boulevard Park Library** .....(206) 242-8662  
12015 Roseberg Ave S, Seattle

**Burien Library** .....(206) 243-3490  
400 SW 152nd St, Burien

**Des Moines Library** .....(206) 824-6066  
21620 11th Ave S, Des Moines

**Kent Library** .....(253) 859-3330  
212 2nd Ave N, Kent

**Woodmont Library** .....(253) 839-0121  
26809 Pacific Hwy S, Des Moines

**Valley View Library** .....(206) 242-6044  
17850 Military Rd S, SeaTac

**Public Law Library of King County** .....(206) 477-1316  
Maleng Regional Justice Ctr, 401 4th Ave N Rm 1N, Kent  
Legal clinics (free & low cost legal help)  
[www.pllkc.org/wp/legal-clinics/guide-to-free-low-cost-legal-help-in-king-county](http://www.pllkc.org/wp/legal-clinics/guide-to-free-low-cost-legal-help-in-king-county)

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### Newspapers

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**The Federal Way Mirror** .....(253) 925-5565  
[www.federalwaymirror.com](http://www.federalwaymirror.com)

**The Highline Times** .....(425) 238-4616  
[www.highlinetimes.com](http://www.highlinetimes.com)

**The Kent Reporter** .....(253) 872-6600  
[www.kentreporter.com](http://www.kentreporter.com)

**The Northwest Prime Time** .....(206) 824-8600  
[www.northwestprimetime.com](http://www.northwestprimetime.com)

**The Renton Reporter** .....(425) 255-3484  
[www.rentonreporter.com](http://www.rentonreporter.com)

**Thunderword (Highline College)** .....(206) 878-3317  
[thunderword.highline.edu](http://thunderword.highline.edu)



## 2019 Government Guide

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### Local News Blogs

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- The B-Town Blog (Burien)** .....(206) 248-2565  
[www.b-townblog.com](http://www.b-townblog.com)
- The Kent Blog** .....(206) 248-2565  
[www.ilovekent.net](http://www.ilovekent.net)
- The Normandy Park Blog** .....(206) 248-2565  
[www.normandyparkblog.com](http://www.normandyparkblog.com)
- The SeaTac Blog** .....(206) 248-2565  
[www.seatacblog.com](http://www.seatacblog.com)
- The Waterland Blog (Des Moines)** .....(206) 248-2565  
[www.waterlandblog.com](http://www.waterlandblog.com)
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### Local Broadcast Media

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**Kent TV21**

[www.kentwa.gov/residents/news-releases/kent-tv21](http://www.kentwa.gov/residents/news-releases/kent-tv21)

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### Culture, Museums, Recreation

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- Des Moines Historical Society & Museum** .....(206) 824-5226  
[www.dmhs.org](http://www.dmhs.org)
- Highline Heritage Museum**  
[www.highlinehistory.org](http://www.highlinehistory.org)
- Highline Performing Arts Center** .....(206) 631-6795  
[www.highlinepac.org](http://www.highlinepac.org)
- Highline SeaTac Botanical Gardens** .....(206) 391-4003  
[www.highlinegarden.org](http://www.highlinegarden.org)
- Greater Kent Historical Society Museum** .....(253) 854-4330  
[www.kenthistoricalmuseum.org](http://www.kenthistoricalmuseum.org)
- Kent Meridian Pool** .....(253) 854-9287  
[kentpool.com](http://kentpool.com)
- Mt. Rainier Pool** .....(206) 824-4722  
[mtrainierpool.com](http://mtrainierpool.com)
- Accesso ShoWare Center** .....(253) 856-6777  
[www.showarecenter.com](http://www.showarecenter.com)
- South King County Cultural Coalition (SoCo Culture)** ..... [www.sococulture.org](http://www.sococulture.org)

## 2019 Government Guide

### Farmers Markets

<b>Auburn International Farmers Market</b> .....	(253) 266-2726
<a href="http://auburnfarmersmarket.org">auburnfarmersmarket.org</a>	
<b>Burien Farmers Market</b> .....	(206) 433-2882
<a href="http://www.discoverburien.org/farmers-market">www.discoverburien.org/farmers-market</a>	
<b>Des Moines Waterfront Farmers Market</b>	
<a href="http://www.dmfm.org">www.dmfm.org</a>	
<b>Kent Farmers Market</b> .....	(253) 457-6235
<a href="http://kentfarmersmarket.com">kentfarmersmarket.com</a>	

### Community Services

<b>Washington Information Network 2-1-1</b> .....	(800) 621-4636
<a href="http://www.win211.org">www.win211.org</a> .....	(877) 211-9274
<b>Child Care Resources</b> .....	(877) 543-0059
<b>Child Care Aware Family Center</b> .....	(206) 329-5544
<a href="http://www.childcare.org">www.childcare.org</a> .....	(800) 446-1114
<b>Childhaven therapeutic childcare</b> .....	(206) 957-4841
<a href="http://childhaven.org">childhaven.org</a>	
<b>Coordinated Entry for All (exit homelessness)</b> .....	(800) 621-4636
<b>Des Moines Area Food Bank</b> .....	(206) 878-2660
<a href="http://www.myfoodbank.org">www.myfoodbank.org</a>	
<b>Highline Area Food Bank</b> .....	(206) 433-9900
<a href="http://www.highlineareafoodbank.org">www.highlineareafoodbank.org</a>	
<b>Kent Food Bank and Emergency Services</b> .....	(253) 520-3550
<a href="http://kentfoodbank.org">kentfoodbank.org</a>	
<b>King County Housing Authority</b> .....	(206) 574-1100
<a href="http://www.kcha.org/home/home.aspx">www.kcha.org/home/home.aspx</a>	
<b>King County Sexual Assault Resource (24-hour)</b> .....	(888) 998-6423
<a href="http://www.kcsarc.org">www.kcsarc.org</a>	
<b>King County Veterans Services</b> .....	(877) 904-8387
<a href="http://www.kingcounty.gov/socialservices/veterans.aspx">www.kingcounty.gov/socialservices/veterans.aspx</a>	
<b>Multi-Service Center</b> .....	(253) 854-4406
<a href="http://www.multi-servicecenter.com">www.multi-servicecenter.com</a>	
<b>Northwest Justice Project</b>	
<a href="http://nwjustice.org/get-legal-help">nwjustice.org/get-legal-help</a>	
Coordinated Legal Education, Advice, and Referral (CLEAR)	
low-income legal services .....	(888) 201-1014
CLEAR*Sr for age 60 and over.....	(888) 387-7111
Facing Foreclosure .....	(800) 606-4819

## 2019 Government Guide

- Volunteers of America Dispute Resolution** .....(800) 280-4770  
[www.voaww.org/drc](http://www.voaww.org/drc)
- Kent Youth & Family Services** .....(253) 859-0300  
[kyfs.org](http://kyfs.org)
- Matt Griffin YMCA (SeaTac)** .....(206) 244-5880  
[www.seattleyymca.org/locations/matt-griffin-ymca](http://www.seattleyymca.org/locations/matt-griffin-ymca)

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### Senior & Disability Services

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- Aging and Disability Services for South King County**  
[www.agingkingcounty.org](http://www.agingkingcounty.org) .....(206) 615-1855
- Des Moines Senior Center** .....(206) 870-6527
- Kent Senior Activity Center and Services** .....(253) 856-5150  
[www.kentwa.gov/residents/senior-activity-center](http://www.kentwa.gov/residents/senior-activity-center)
- SeaTac Senior Program** .....(206) 973-4690  
[www.ci.seatac.wa.us/index.aspx?page=313](http://www.ci.seatac.wa.us/index.aspx?page=313)
- Sound Generations Senior Services** .....(206) 448-5757  
[www.soundgenerations.org](http://www.soundgenerations.org)  
Pathways senior information and assistance.....(888) 435-3377  
Caregiver support program.....(206) 448-3110
- Sustainable Housing for Ageless Generations (SHAG)**.....(844) 592-7424  
[www.housing4seniors.com](http://www.housing4seniors.com)
- Telecommunications Relay Service (TRS)** ..... 7-1-1  
.....(800) 833-6384
- WA State Independent Living Council** .....(800) 624-4105  
[wasilc.org](http://wasilc.org)
- WA State Services for the Blind** .....(800) 552-7103  
[dsb.wa.gov](http://dsb.wa.gov)

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### Health Care Services

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- HealthPoint Community Health Clinics**  
[www.healthpointchc.org](http://www.healthpointchc.org)
- Kent Dental Clinic .....(253) 796-4071  
Medical Clinic .....(253) 852-2866  
Pharmacy .....(877) 233-0246  
403 East Meeker Street, Suite 200, Kent 98031
- Midway Dental Clinic .....(206) 870-3600  
Medical Clinic .....(206) 870-3590  
Pharmacy .....(877) 233-0246  
26401 Pacific Highway S, Des Moines 98198
- SeaTac Medical Clinic.....(206) 277-7200  
SeaTac Pharmacy.....(877) 233-0246  
4040 South 188th Street, Suite 201, SeaTac 98188

## 2019 Government Guide

### King County Public Health Centers

[www.kingcounty.gov/depts/health/locations.aspx](http://www.kingcounty.gov/depts/health/locations.aspx)

Kent Public Health Center .....(206) 477-6950  
25742 104th Ave SE, Kent

**Project Access Northwest** .....(206) 788-4204

[www.projectaccessnw.org](http://www.projectaccessnw.org)

**Sea Mar Community Health Center** .....(206) 354-0766

[www.seamar.org](http://www.seamar.org)

Burien Medical Clinic .....(206) 812-6140  
14434 Ambaum Blvd SW, Burien

Burien/ PSSC Dental Clinic .....(206) 631-7316  
18010 8th Ave S, Burien

Kent/ Des Moines Medical Clinic .....(206) 436-6380  
233 2nd Ave S, Kent 98032

Kent Behavioral Health Center .....(206) 764-8019  
1601 W Meeker St, Suite 201, Kent

Sea Mar Urgent Care Clinic .....(206) 812-6140  
14434 Ambaum Boulevard SW, Burien

**Washington Prescription Drug Program** .....(800) 913-4311

[www.hca.wa.gov/about-hca/prescription-drug-program](http://www.hca.wa.gov/about-hca/prescription-drug-program)

**Washington Health Exchange** .....(855) 923-4633

[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

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## Behavioral and Mental Health Services

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**King County 2-1-1** ..... 2-1-1

Human services referrals .....(800) 621-4636  
[win211.org](http://win211.org)

**24-Hour Crisis Line** .....(866) 427-4747

[www.crisisconnections.org](http://www.crisisconnections.org)

### Asian Counseling and Referral Service

Comprehensive services in over 40 languages and dialects .....(206) 695-7600  
[acrs.org](http://acrs.org)

### Consejo Youth and Family Services

health services, Counseling and referral service, Spanish-speaking ..(253) 579-1998  
[consejonew.consejocounseling.org](http://consejonew.consejocounseling.org)

**King County Domestic Violence Hotline** .....(206) 205-5555

**National Domestic Violence Hotline** .....(800) 799-7233

### Guided Pathways

Behavioral, emotional, or substance abuse support for youth & families.. (253) 236-8264  
[www.guidedpathways.org](http://www.guidedpathways.org)

## 2019 Government Guide

### **King County Mental Health Services**

Comprehensive outpatient services . . . . .(206) 263-8997  
[kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/providers.aspx](http://kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/providers.aspx)

### **King County Crisis and Commitment Services** . . . . .(206) 263-9200

[kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/crisis-services.aspx](http://kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/crisis-services.aspx)

### **Multicare** comprehensive health care . . . . .(888) 445-8120

[www.multicare.org/behavioral-health-conditions](http://www.multicare.org/behavioral-health-conditions)

### **NAVOS** (Burien)

Mental health, substance abuse, trauma counseling . . . . .(206) 248-8226  
[www.navos.org](http://www.navos.org)

### **WA Recovery Help Line**

Substance abuse, problem gambling, mental health, 24-hours . . .(866) 789-1511  
[www.warecoveryhelpline.org](http://www.warecoveryhelpline.org)

### **SeaMar** comprehensive health care . . . . .(206) 764-8019

[www.seamar.org](http://www.seamar.org)

### **Teen Link (6-10 pm)** . . . . .(866) 833-6546

. . . . .(206) 461-4922

### **Therapeutic Health Services**

Substance use, mental health, youth programs healing and recovery . .(253) 681-0010  
[ths-wa.org](http://ths-wa.org)

### **Trevor Lifeline**

Crisis intervention and suicide prevention for LGBTQ youth . . . . .(866) 488-7386

### **Valley Cities Counseling**

Mental health, substance use, behavioral health . . . . .(253) 833-7444  
[www.valleycities.org](http://www.valleycities.org)

### **Valley Cities at HealthPoint Midway**

Comprehensive services . . . . .(206) 212-4256

### **Youth & National Suicide Prevention Program & VA Crisis Line** . . .(800) 273-8255

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## Hospitals

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### **Valley Medical Center** . . . . .(425) 228-3450

400 S 43rd St, Renton  
[www.valleymed.org](http://www.valleymed.org)

### **Highline Medical Center** . . . . .(206) 244-9970

16251 Sylvester Rd. SW, Burien  
[www.highlinemedicalcenter.org](http://www.highlinemedicalcenter.org)

Ombuds Offices

Behavioral Health Ombuds Services of King County (800) 790-8049
Citizenship and Immigration Services Ombudsman (855) 882-8100
Department of Corrections Internal Ombuds (360) 725-8935
Office of the Governor Office of the Corrections Ombuds (844) 395-7488
Developmental Disabilities Ombuds (833) 727-8900
Office of the Education Ombuds (866) 297-2597
Office of the Family & Children's Ombuds (800) 571-7321
Ombuds for Injured Workers (888) 317-0493
King County Office of the Ombuds (206) 477-1050
Long Term Care Ombudsman Program (800) 562-6028
Open Government Ombuds (360) 586-7842
Small Business Administration Ombudsman (888) 734-3247

Notes



## Contacting Sen. Keiser

**Your thoughts and ideas are always important to me.  
Please feel free to contact me at any time  
with your questions or comments.**

### **Senator Karen Keiser**

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Olympia, WA 98504-0433

Phone: (360) 786-7664

Fax: (360) 786-7450

E-mail: [Karen.Keiser@leg.wa.gov](mailto:Karen.Keiser@leg.wa.gov)

Website: [www.SenatorKarenKeiser.com](http://www.SenatorKarenKeiser.com)

Toll-Free Legislative Hotline: 1-800-562-6000

Washington State Legislature Home page: [www.leg.wa.gov](http://www.leg.wa.gov)

State Information: <http://access.wa.gov>



# Senator Karen Keiser

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